

Lesson Curriculum

Drum Set

Technique:

- Player should have a relaxed approach to playing the drums. Hands should be relaxed, sticks should have room to move between fingers and palm. The stick should be able to rebound after contact with drum head to a straight up position. Drums and cymbals should be hit with enough force to activate the snares and correct sound but should not be too forceful. A harsh sound is bad sound and technique, and can damage the drums, cymbals, and even the player. Technique is very important for a drummer, as bad technique for an extended amount of time can injure hands and muscles.

Warm-Ups:

- Players should learn and practice certain warm ups that they use every time before they perform or practice. Warm-Ups are essential in building up muscles, but are mostly used to loosen up the muscles before playing for an extended time. This will help them have more stamina and dexterity during their performance. A simple 8s exercise will suffice, but other exercises that work on certain techniques (timing, subdivisions) are recommended.

Content:

- Students need to have an understanding of musical notation and how the different subdivisions of beats work. This will help them better understand music as a whole and be able to create drum fills better.

Coordination:

- In order to be a successful drum set player, the student must work on hand eyed coordination. Students must learn to break down every hand and foot pattern of a beat individually first, then learn to put them together. Teaching the student the art to breaking down things to a skeleton of the end product is very crucial and will help them be more precise at everything they do.

Communication:

- Communication in a band is a very crucial and under rated tool that is needed for a group to go to the next level. Communication between the different roles on stage is pivotal when leading worship as the mood can change in an instant. Being able to communicate between leaders on the fly is crucial in the development of the worship team.

Books:

- Reed-Syncopation #1 – Ted Reed, \$7.15
 - <https://www.steveweissmusic.com/product/Reed-Syncopation/general-drumset-methods>
- Peters-Stick Control for Drum Set 2 – Mitchell Peters, \$14.35
 - <https://www.steveweissmusic.com/product/2773/general-drumset-methods>