

Bass

Technique:

- Students should have a relaxed approach to the guitar in both hands, arm position, and body posture. The goal is to be proficient in finger picking and having correct posture in the neck hand. Over using muscles is a problem with all instruments, so making sure the student learns how to play with maximum efficiency is crucial to their development as a musician.

Warm-Ups:

- Learning scales of different keys will help the student warm up their fingers and hands, and also get them thinking about different keys and the shapes required to play in those keys. Rhythmic exercises, such as drumming on thighs or even just strumming a guitar by itself will help stimulate the student's inner tempo and loosen their muscles.

Content:

- Basic theory will be taught as well to help the students better understand the structure of music and how to play universal structures throughout every key. Students will be taught basic progressions that are used throughout worship music. Lessons over rhythm will also be taught to help understand how to successfully use the picking hand within a song. Tabs will be taught as a form of reading music and being able to recognize them.
- Tuning is a huge part of playing the bass, so basic ear training will be taught along with theory. Being able to tune on the fly and recognizing which string is out of tune as quick as possible.

Coordination:

- Students will have to recognize and differentiate between the melodic hand (neck hand) and the rhythmic hand (picking hand). Separating each hand at first is crucial to building up the correct coordination in order to successfully play.

Communication:

- Communication in a band is a very crucial and under rated tool that is needed for a group to go to the next level. Communication between the different roles on stage is pivotal when leading worship as the mood can change in an instant. Being able to communicate between leaders on the fly is crucial in the development of the worship team.

Books:

- Essential Elements 2000: Book 1, Hal Leonard Corp - \$10.99
 - o https://www.amazon.com/Essential-Elements-2000-online-media/dp/0634003267/ref=sr_1_7?ie=UTF8&qid=1537472228&sr=8-7&keywords=bass+books